



**Jung's NIAGARA TAE KWON DO**  
예의·염치·인내·크기·백전불굴

# Dec Events and Notices



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4	5	6	7
8	9	10	11	12	13	14
<b>Sparring Week</b>						
15	16	17	18	19	20	21
<b>Stripe Check</b>					<b>(FE) Testing</b>	<b>(STC) Testing (NF) Testing</b>
22	23	24	25	26	27	28
	<b>AWARD OPEN HOUSE</b>	<b>Merry Christmas! School Closed.</b>			<b>School OPEN. Regular Schedule</b>	
29	30	31	Jan 1	Jan 2	Jan 3	Jan 4
<b>Happy New Year! School Closed.</b>				<b>School OPEN. Regular Schedule</b>		

**MERRY CHRISTMAS AND HAPPY NEW YEAR!**

Wishing you all a joyous Christmas filled with love and laughter. As we welcome the New Year, may it bring you continued success and happiness in your Taekwondo journey. Thank you for being part of our martial arts family. Merry Christmas and a Happy New Year!

WE WISH YOU  
*a very*  
**MERRY CHRISTMAS**  
AND  
*Happy New Year*

**DON'T GET BEHIND!**  
**Flexible schedule during December!**

Use this holiday season to reinforce skills and build resilience, remembering that your New Year's resolution starts now, not next year!

**If you have any plans for the holidays and will be missing classes, please feel free to drop in any day in December to make up for the missed lessons. This will ensure you don't get behind!**

**COLOUR BELT TESTING**

Students are eligible for belt promotion when they earn all five stripes and meet the attendance requirement.

Those students who are very close to meeting this eligibility criteria will be added to the testing list and will receive an email notification 2-3 weeks before the testing date.

Please don't hesitate to talk to our instructors if you have any questions regarding the student's progress.

**SPARRING WEEK!**

Students will learn sparring techniques. If you are Orange Belt and up, please don't forget to bring your equipment to the classes!

Please note that if you are currently White Belt or Yellow Belt, you don't need sparring equipment yet.

Please LABEL all the items in the sparring package. We are not responsible for any lost items!

**Mark Your Calendars for END OF THE YEAR AWARD**

**Date: Monday, December 23rd**  
**Anytime between: 4 - 8 PM**  
**Location: Your Main School Location**

This will be an open house-style event where you can celebrate your or your child(ren)'s accomplishments. **Simply drop in anytime between 4:00 PM and 8:00 PM on December 23rd to receive a personalized award and a gift bag** as a token of appreciation for all the hard work and dedication shown throughout the year. **We look forward to celebrating with you!**